



## Scarf and wrist warmers 'Gracieuse'

Based on a stitch pattern from "De Gracieuse", a Dutch craft magazine from 1866. It actually has two good sides and therefore lends itself well to scarves. The scarf is not very wide and can be worn in different ways. The pattern of the wrist warmers is in the same stitch pattern, nice to combine.

### Material

4 ply sock yarn (420 m/100 gr) or (13.78 ft/3.5 oz).

For the scarf (approx.): yellow 20 gr (0.7 oz), blue 30 gr, (1.05 oz) brown 40 gr (1.4 oz) Total 90 gr (3 oz).  
Circular knitting needle 3 mm (US 2.5), at least 80 cm (31 1/2 in.) long.

For the 2 wrist warmers (approx.) yellow 10 gr (0.35 oz), blue 15 gr. (0.50 oz), brown 10 gr (0.35 oz), total 35 gr (1.2 oz).

5 sock needles wood/bamboo 3 mm (US 2.5).

### Scalloped pattern

This pattern can only be made on a circular needle, because of the occasional need to slide your work back to the other side of the needle.

Pattern repeat has 20 stitches. For the shawl, you start with 202 stitches. After 26 rows a gradient is knitted in, alternating the next 26 rows in two colors as a transition from one color to the other. Every 26 rows, 10 stitches are added on each side by increasing four times in the 29th row, 20 stitches are added on each side and you end up with 422 stitches.

### Gauge and finished size

Stockinette st: 32 st x 39 rows = 10 x 10 cm (4 x 4 in.).  
Scarf size: 15 cm (6 in.) wide and 140 cm (55 in.) long.  
Wrist warmers 10 cm (4 in.) wide x 13 cm (5 1/8 in.).

### Abbreviations

K = Knit.

K 1T= Knit twisted (knit through back leg of st).

P = Purl and P 1T = Purl 1 twisted.

Increases:

YO = Yarn Over. Make a st by wrapping the yarn around the needle and knit or purl this loop in the next row.

YO2= Yarn Over twice, this creates two loops around the needle. These are worked in the next row as K 1, K 1T or P 1, P 1T.

Decreases:

K2tog = Knit 2 sts together.

K2togT= pick up 2 sts one at a time knitwise, slide back onto left needle and then knit together through the back legs of the stitches.

P2tog = Purl 2 sts together.

P2togT = insert ndl from back to front through back legs of 2 sts and purl together, this is a little trickier.

If the mirrored decreases are done properly you will see nice columns of 2 sts at the back, see photos page 4.

I made a video on how to work the (purl) decreases, see: [my Youtube Channel Evelien Verkerk](#)



## Scarf

Cast on 202 sts with the first colour (here: yellow).

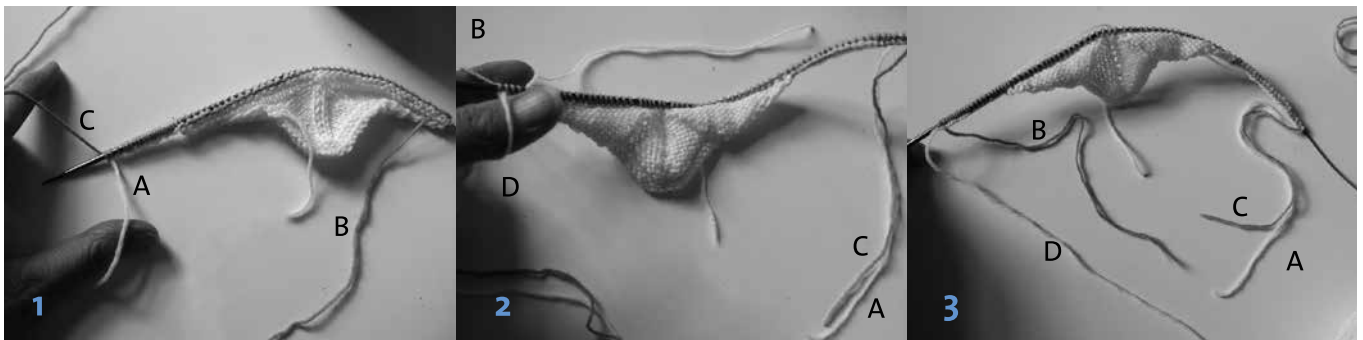
In between **\*\* repeat** a number of times until you come to the last sts (after the second star **\***, these last sts will be worked only once).

The scarf is worked flat (back and forth, not in the round).

- Row 1 RS Purl.  
Row 2 WS Knit.  
Row 3 RS Knit.  
Row 4 WS Purl.  
Row 5 RS P 1, \* YO2, P 20 \*, YO2, P 1.  
Row 6 WS K 1, \* YO, K 1 & K 1T (into the double YO), YO, K 8, K2tog, K2tog T, K 8 \*, YO, K 1 & K 1T, YO, K 1.  
Row 7 RS P 1, \* YO, P 4, YO, P 7, P2tog T, P2tog, P 7 \*, YO, P 4, YO, P 1.  
Row 8 WS K 1, \* YO, K 6, YO, K 6, K2tog, K2togT, K 6 \*, YO, K 6, YO, K 1.  
Row 9 RS P 1, \* YO, P 8, YO, P 5, P2tog T, P2tog, P 5 \*, YO, P 8, YO, P 1.  
Row 10 WS K 1, \* YO, K 10, YO, K 4, K2tog, K2togT, K 4 \*, YO, K 10, YO, K 1.  
Row 11 RS P 1, \* YO, P 12, YO, P 3, P2tog T, P2tog, P 3 \*, YO, P 12, YO, P 1.  
Row 12 WS K 1, \* YO, K 14, YO, K 2, K2tog, K2togT, K 2 \*, YO, K 14, YO, K 1.  
Row 13 RS P 1, \* YO, P 16, YO, P 1, P2tog T, P2tog, P 1 \*, YO, P 16, YO, P 1.  
Row 14 WS K 1, YO, \*K 18, K2tog, K2togT \*, K 18, YO, K 1. Note: In this row no more YO's in the repeat pattern, only once at both edges. You now have 222 st on your ndl.  
Row 15 RS Knit.  
Row 16 WS Purl.

At the end of this row cut yarn, leave 40 cm (16 in.). This yarn tail = **A**. In the photo's below you can see how to work this increase of multiple sts in row 17 and how it looks.

- Row 17 WS Description (see photo's): Slide your work back to the other side of the ndl, attach your ball, leave a yarn end of also 40 cm (16 in.) (= **B**) and start again with a purl row. Work up until the end of the



row and use yarn end **A** together with your work yarn (**C**) to cast on 20 sts, (*photo 1*), thumb-finger method (like a long tail cast on).

Cut both ends at 15 cm (6 in.) or as long as needed to work ends in later.

Slide your work back to the other end of the needle again and turn your work.

- RS Attach your ball of yarn again (**D**) and use together with yarn end **C** to cast on another 20 sts (*photo 2*). After you have increased 20 sts on both ends like this (*photo 3*), you now have 262 sts on your ndl.

Now work in two colors alternating 1 row per color. To do this, the work must be slid back to the other side of the circular knitting needle every 2 rows because the other color yarn is there, this is indicated in the directions.

Start by turning the work, attach color 2.

- Row 18 WS Color 2 (blue): K 1, \* YO 2, K 20 \*, YO 2, K 1. Slide your work back to the other side of the ndl.  
Row 19 WS Color 1 (yellow): K 1, \* YO, K 1, P 1 (in the 2 YO loops), YO, K 8, K2tog, K2togT, K 8 \*, YO, K 1, K 1T, YO, K 1. Turn work.  
row 20 RS Color 2: P 1, \* YO, P 4, YO, P 7, P2togT, P2tog, P 7 \*, YO, P 4, YO, P 1. Slide back to other side of ndl.  
row 21 RS Color 1: P 1, \* YO, P 6, YO, P 6, P2togT, P2tog, P 6 \*, YO, P 6, YO, P 1. Turn.  
row 22 WS Color 2: K 1, \* YO, K 8, YO, K 5, K2tog, K2togT, K 5 \*, YO, K 8, YO, K 1. Slide back.  
row 23 WS Color 1: K 1, \* YO, K 10, YO, K 4, K2tog, K2togT, K 4 \*, YO, K 10, YO, K 1. Turn.  
row 24 RS Color 2: P 1, \* YO, P 12, YO, P 3, P2togT, P2tog, P 3 \*, YO, P 12, YO, P 1. Slide back.

row 25 RS Color 1: 1 av, \* YO, P 14, YO, P 2, P2togT, P2tog, P 2 \*, YO, P 14, YO, P 1. Turn.  
 row 26 WS Color 2: K 1, \* YO, K 16, YO, K 1, K2tog, K2togT, K 1 \*, YO, K 16, YO, K 1.  
 Slide back.  
 row 27 WS Color 1: K 1, YO, \* K 18, K2tog, K2togT, \*, K 18, YO, K 1. (Note: In this row  
 no more YO's in the repeat pattern, only once at both edges). You now  
 have 282 sts. Turn.  
 row 28 RS Color 2: Knit. Slide back.  
 row 29 RS Color 1: Knit, at the end of this row, cut yarn and keep a 40 cm (16 in.) tail  
 of color 2 and a 15 cm (6 in.) tail of color 1.  
 row 30 RS Color 2: (see photo's of example on previous page) Slide your work back,  
 attach your ball again and start with another knit row, make sure to start  
 with a 40 cm (16 in.) yarn tail on this end also. Work up until end of row  
 and use the yarn tail together with your working yarn for casting on  
 another 20 sts. Cut both end at 15 cm (6 in.).Slide back to the other end of  
 your circular ndl, turn. Attach your ball of yarn again and use together with  
 yarn end to cast on another 20 sts. After you have increased 20 sts on both  
 ends like this, you now have 322 sts.



Turn your work and continue with color 2.

Work rows 5 - 27 again.

Note: In row 15 you have 342 sts and after row 18 color 2 is brown and  
 colour 1 is blue. In row 18 you have 382 sts.

After row 27 you have 402 sts on your ndl. Turn.

Next:

WS Color 2: Knit (brown). Slide back.

WS Color 1: Knit (blue) No increases this time!  
 Cut yarn color 1 (blue) leave a 15 cm (6 in.) tail. Turn.  
 Continue in brown only.

RS Purl 1 row.

Start with row 5 again and after row 14 you have 422 sts.

WS Knit 1 row.

RS Purl 1 row.

WS Purl 1 row

RS Knit 1 row.

WS Next row cast off all sts loosely (purlwise). Try to finish your work neatly by weaving in all yarn  
 ends as invisibly as possible. This way the scarf will have two good sides.

### Wristwarmer

In the pattern below, each motif  
 per color is knitted once plain and  
 once in two colors alternately.

The size of the yellow-blue-brown  
 wristwarmers is 13 cm (5 in.) high  
 and 20 cm (8 in.) circumference.

You work the scalloped pattern  
 with the wrong side facing you, so  
 the right side is on the inside. The  
 pattern is a repeat of 18 stitches,  
 repeat the sts in between the  
 \*\*stars.



Cast on 72 sts, which is 18 sts per  
 ndl, in color 1 (yellow).  
 If you want a bigger size you'll have  
 to cast on another 18 sts (or try DK  
 yarn weight and larger needle size).

Wrist warmers WS (left) and RS (right)  
 You work this pattern inside out. Turn it after finishing.

Mark the first st as beginning of row.

row 1 Knit.  
row 2 Knit.  
row 3 Purl.  
row 4 Purl.  
row 5 YO, \*K 18, YO 2\* = after the 18th K st make one loop on the first ndl and one on the next (now empty) ndl like this: bring your yarn to the front under your right ndl and back again over the ndl. Insert your next (empty) dpn through this loop into the first st of the next ndl and when knitting this st the yarn loop ends up on this ndl as well as on the previous one. End this row on the fourth ndl with a single YO loop.

row 6 \*K 1T (in YO loop), YO, K 7, K2tog, K2togT, K 7, YO, K1 (in YO loop)\*.

row 7 \*K 2, YO, K 6, K2tog, K2togT, K 6, YO, K 2\*.

row 8 \*K 3, YO, K 5, K2tog, K2togT, K 5, YO, K 3\*.

row 9 \*K 4, YO, K 4, K2tog, K2togT, K 4, YO, K 4\*.

row 10 \*K 5, YO, K 3, K2tog, K2togT, K 3, YO, K 5\*.

row 11 \*K 6, YO, 2 r, K2tog, K2togT, K 2, YO, K 6\*.

row 12 \*K 7, YO, 2 r, K2tog, K2togT, K1, YO, K 7\*.

row 13 \*K 8, K2tog, K2togT, K 8\* (no YO's in this row).

row 14 Purl.

row 15 Knit.

row 16 Purl.

row 17 Attach color 2 (blue): \*K 9, YO 2, K 9\*.

row 18 Color 1 (yellow): \*K2togT, K 7, YO, K 1, K 1T, YO, K 7, K2 tog\*.

row 19 Color 2 \*K2togT, K 6, YO, K 4 YO, K 6, K2tog\*.

row 20 Color 1 \*K2togT, K 5, YO, K 6, YO, K 5, K2tog\*.

row 21 Color 2 \*K2togT, K 4, YO, K 8, YO, K 4, K2tog\*.

row 22 Color 1 \*K2togT, K 3, YO, K 10, YO, K 3, K2tog\*.

row 23 Color 2 \*K2togT, K 2, YO, K 12, YO, K 2, K2tog\*.

row 24 Color 1 \*K2togT, K 1, YO, K 14, YO, K 1, K2tog\*.

row 25 Color 2 \*K2togT, K 16, K2tog\* (no YO's in this row).

row 26 Color 1 Purl.

Cut yellow yarn (color 1) at 15 cm (6 in.).

Continue with color 2 (blue).

row 27 Purl.

row 28 Purl.

Continue with row 5 again. Work row 5 - 28.

Blue becomes color 1 and in row 17 brown becomes color 2.

Next: Repeat row 5 - 13 in brown (color 2) only.

\*Last part:

Purl one row.

In the next row K the first st on every ndl together with a loop from the last brown purl row, directly above the two stitch columns in alternating colors (photo above). Do the same with the last st on all ndls. This way you'll get the same 'scallop look' at the edge. Work another P row, another K row and finish by casting off all sts knitwise (loosely).

If you'd like longer wristwarmers, simply add extra rows by using another color and repeating rows 16 - 28 and 5 -13. Ending with \*last part.

This pattern is a free download:

[www.nederlandsgebroid.nl](http://www.nederlandsgebroid.nl)

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