



Lacey Wristwarmer or Cuff (adapted pattern dating from 1843)

This pattern originates from the oldest Dutch knitting book by Christine Sluter, first published in 1843. It's not for the beginner and the grafted version is quite tricky, but maybe you will learn something new.

I added one extra pattern repeat to make the cuff longer.

To make an invisible seam by grafting, this is explained in detail. But you could make a regular (or mattress) seam after working regular CO and BO methods.

Materials and tools

Thin sock yarn 35-40 grams = 160 - 175 yards (150 - 160 m).

2 knitting needles US 1 - 2.25 mm.

2 Tapestry needles, one sharp for weaving in ends, one blunt for grafting.

1 Crochet hook (size not very important, but matching your yarn is OK)

A few meters of smooth (cotton crochet or embroidery) yarn

Gauge

34 stitches and 45 rows = 4 inches in stockinet.

Notes

The cuff is knitted on 2 needles.

You repeat the 16 rows until desired length, measured around hand. After binding off, seam the two ends together.

If you like an almost invisible seam use a crochet cast on. This means you crochet the given knitting needle (plus a chain of 4-6 st extra on both sides) and cut yarn. Make a little knot at this end in the yarn tail, this is where you unravel later on. Start to knit in these stitches. After knitting the piece, you put your last row of stitches on a piece of yarn and graft them together with the stitches from the crochet cast on.

This method will be explained in the green parts.

Tutorial Youtube: [crochet cast on](#) and [grafting](#).

Stitches

K = Knit

P = Purl

K2tog = Knit two stitches together as one.

PssO = Slip one, knit one and pass slipped stitch over knitted st.

PssO2 = Slip one, knit 2tog and pass slipped st over knitted st.

YO = Yarn Over

YO2 = Yarn over twice (these loops are alternately knit and purl st in the WS row)

Sl1 = Slip 1 st (purlwise)

Ktbl = Knit through back loop (twisted stitch)

Bind off = knit 2 and pass first knitted stitch over last knitted stitch.

** = St repeat to lengthen the original cuff (photo >) by 19 st.

Chart (page 3)

If you want to follow the chart, notice that red arrows point in both the reading and knitting direction.

All st are to be worked as they appear in the chart. This means a knit symbol is a knit st on the wrong side as well.

The part in between the red lines is the 19 st repeat.

For the green cuff repeat these st once more.

Description

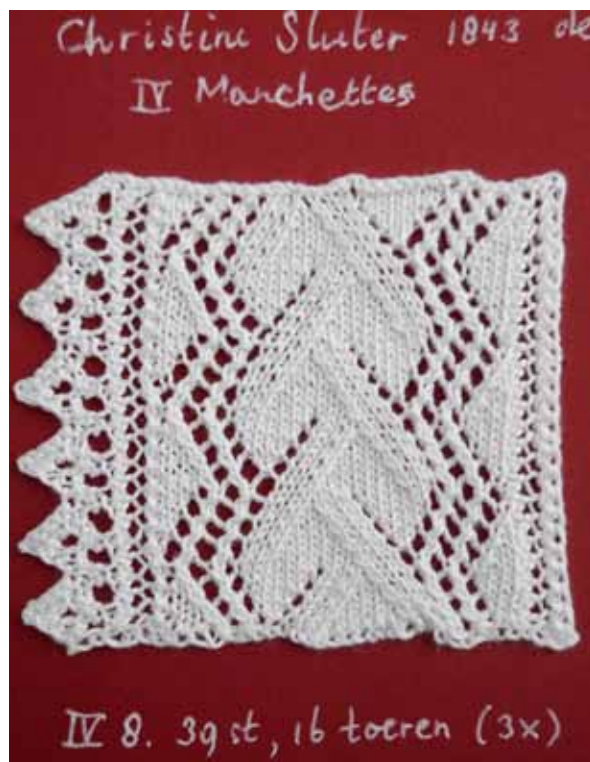
CO 58 st (or 39 for original cuff).

For the invisible method: After the crochet cast on, first work a purl row,

starting at the opposite side of where the knot is in the yarn tail.

Work st in between ** twice.

- 1) Sl1, K2, YO, PssO, K1, YO, PssO, YO, PssO, *YO, K2, PssO, K6, K2tog, K2, YO, K1, YO, PssO, YO, PssO*, K5, YO, PssO, YO2, PssO, Ktbl.
- 2) Sl1, K2, P1, K2, YO, PssO, P46 (or 27 for original cuff), K2, YO, PssO, Ktbl.
- 3) Sl1, K2, YO, PssO, K2, YO, PssO, YO, *PssO, YO, K2, PssO, K4, K2tog, K2, YO, K3, YO, PssO, Yo*, PssO, K4, YO, PssO, K3, Ktbl.
- 4) Sl1, K5, YO, PssO, P46 (27), K2, YO, PssO, Ktbl.



The original cuff sample

- 5) S11, K2, YO, PssO, K3, YO, PssO, *YO, PssO, YO, K2, PssO, K2, K2tog, K2, YO, K5, YO, PssO*, Yo, PssO, K3, YO, PssO, YO2, K2tog, YO2, K1, Ktbl.
- 6) S11, K2, P1, K2, P1, K2, YO, PssO, P46 (27), K2, YO, PssO, Ktbl.
- 7) S11, K2, YO, PssO, K4, YO, *PssO, YO, PssO, YO, K2, PssO, K2tog, K2, YO, K7, YO*, PssO, YO, PssO, K2, YO, PssO, K6, Ktbl.
- 8) BO4, K4, YO, PssO, P46 (27), K2, YO, PssO, Ktbl.
- 9) S11, K2, YO, PssO, K2, K2tog, YO, K2tog, *YO, K2tog, YO, K1, YO, K2, PssO, K6, K2tog, K2, YO, K2tog*, YO, K2tog, YO, K2, YO, PssO, YO2, PssO, Ktbl.
- 10) S11, K2, P1, K2, YO, PssO, P46 (27), K2, YO, PssO, Ktbl.
- 11) S11, K2, YO, PssO, K1, K2tog, YO, K2tog, YO, *K2tog, YO, K3, YO, K2, PssO, K4, K2tog, K2, YO, K2tog, YO*, K2tog, YO, K3, YO, PssO, K3, Ktbl.
- 12) S11, K5, YO, PssO, P46 (27), K2, YO, PssO, Ktbl.
- 13) S11, K2, YO, PssO, K2tog, YO, K2tog, YO, K2tog, *YO, K5, YO, K2, PssO, K2, K2tog, K2, YO, K2tog, YO, K2tog*, YO, K4, YO, PssO, YO2, K2tog, YO2, K1, Ktbl.
- 14) S11, K2, P1, K2, P1, K2, YO, PssO, P46 (27), K2, YO, PssO, Ktbl.
- 15) S11, K2, YO, PssO, YO, K2tog, YO, K2tog, YO, *K7, YO, K2, PssO, K2tog, K2, YO, K2tog, YO, K2tog, YO*, K5, YO, PssO, K6, Ktbl.
- 16) BO4, K4, YO, PssO, P46 (27), K2, YO, PssO, Ktbl.

Repeat these 16 rows 6 times.

Normal method: BO all stitches.

Leave a 20 inch or 50 cm tail for sewing the ends together.

Invisible method: Put your stitches on a piece of thin smooth yarn (like embroidery floss), both the last row from your needle and the CO row on a second piece, while unraveling the crochet chain stitches one by one (starting at the side with the knot). Leave a 28 inch or 70 cm yarn tail for grafting.

Blocking

Soak for a few minutes in lukewarm water or Eucalan bath and gently press out excess water in a towel.

Flatten and stretch work and pin out on blocking board measuring $8 \frac{2}{16} \times 8 \frac{2}{16}$ inch (21 x 21 cm).

That is without the edge. Pin out points of edge at 1 inch or 2.5 cm.

Total length of wrist warmer is $9 \frac{2}{16}$ inch (23.5 cm).

Finishing

For the normal CO and BO method:

After blocking mattress seam the ends together. Flatten seam with steam iron, without touching the wool!

For the invisible method:

You can graft the stitches together directly from the pieces of yarn you put them on, but you can also put them back on (thin) needles. Leave the yarn in until the very end, this makes it

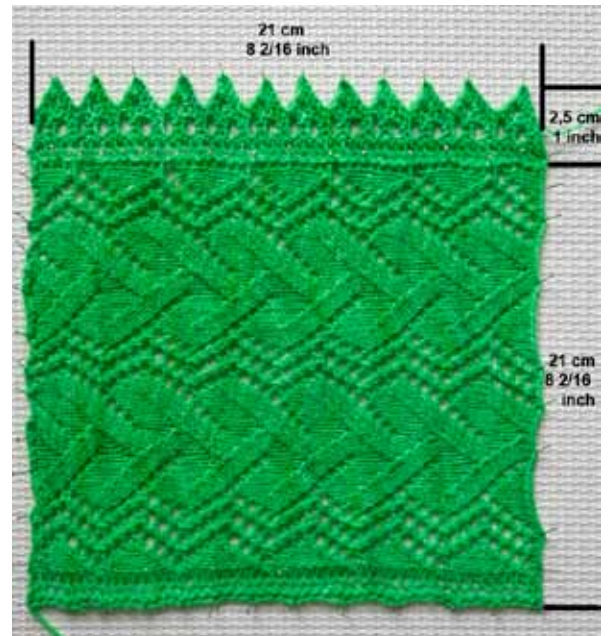
easier to go back if you aren't satisfied with the result.

Make sure you count the st before you begin: 58 on your last row side and 57 on the CO side. Some stitches may be hidden underneath a YO loop. These loops count as a separate stitch! Do not twist stitches!

It can be a bit tricky but with patience and perseverance the result is almost completely invisible.

Inspiration

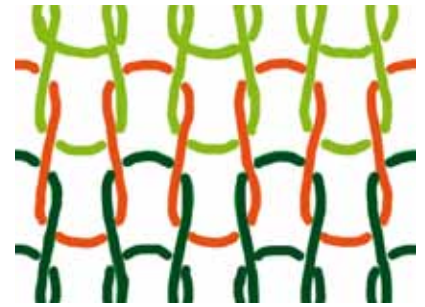
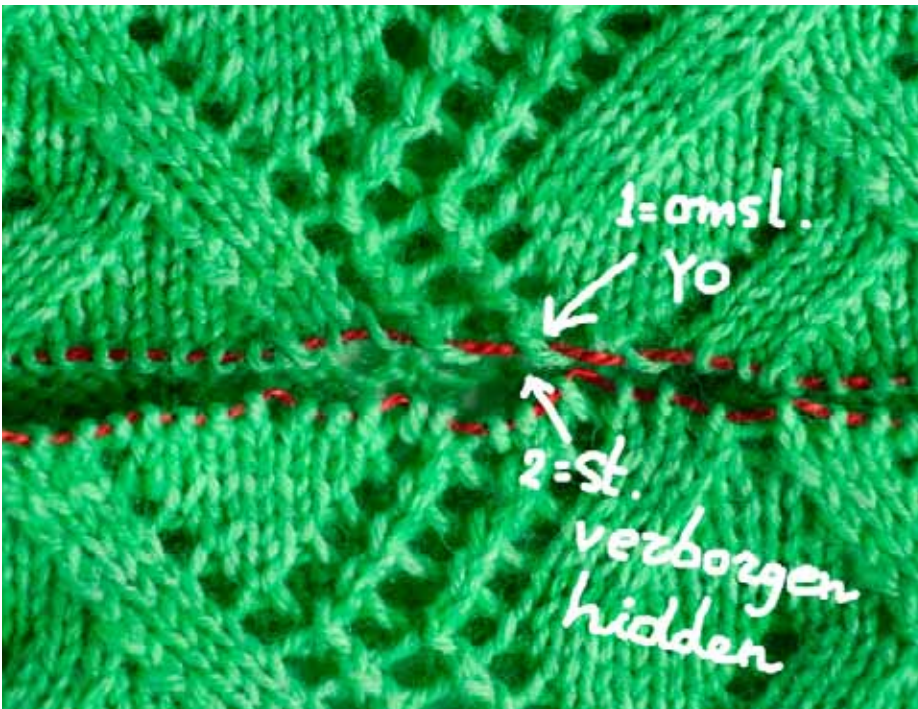
You could make it a sleeve cuff by picking up stitches around the straight edge of the cuff and knit rest of sleeve on 4 needles. If you lengthen this cuff by adding more rows (a multiple of 16 rows) you could make a cowl. Or you could go on (and on) to make a scarf, maybe add more **pattern repeats and the same lace edge on the opposite side as well, or make no pointy lace border at all.



Blocking: Soak, pin out and leave to dry 24 hrs. This piece has a regular cast on and bind off

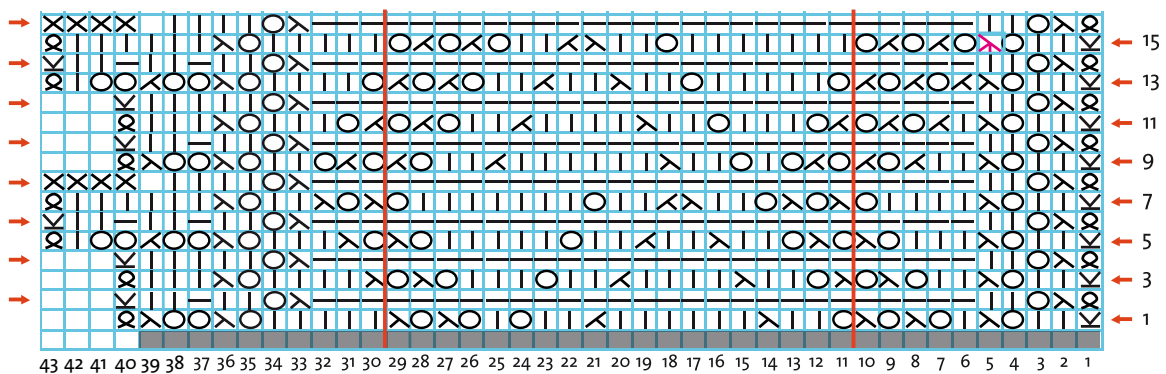


Blocking. This piece has been made for the invisible method: Last row on piece of cotton yarn. Here the crochet CO is still in, later to be replaced by a piece of yarn or a thin knitting needle.



Grafting explained on [Youtube](#).

To start grafting, put all st on thin smooth yarn. Align your stitches. Here the stitches on top are CO st (57) and at the bottom are the st from your last row (58). If you find it easier, you can put the st back on (thin) needles, but leave yarn in! Make sure you pick up the YO followed by the stitch hidden under it. Count well before grafting. Pick a bright and quiet afternoon for this and take your time, do not rush! Take a good look at your stitch before inserting the needle. Put a piece of folded paper on the inside of your work.



- ☒ Slip purlwise
- ☒ Knit through back loop
- ☒ Knit
- ☒ Purl
- Yarn over
- Yarn over twice
- ☒ Slip 1 Knit 1, Pass Slipped St Over
- ☒ K2tog
- ☒ Slip 1, K2tog, Pass Slipped St Over
- ☒ Bind off 1 (plus 1 st remaining)
- ← Reading and knitting direction

Christine Sluter, 1843, Cuff no.8.

CO 39 st and knit a multiple of these 16 rows until length equals desired width around wrist. For the green wrist warmer CO 58 st and repeat the st in between the red lines once.

Notice:

-Red arrows point in reading and knitting direction. 1,3,5 etc. : from right to left, turn and follow the chart from left to right in the wrong side rows 2,4,6, etc.

-Knit the symbols as they are in the chart!
 -After binding off 4 st (x) there is an empty square in the chart, this is the remaining st. You actually knit 5 and pass over 4 times, 1 st remains.